

Community Awareness

A FREE SEMINAR about Breast Cancer Rehab - for you, or family members, and loved ones



3pm-4pm Saturday, June 18, 2011

Please **RSVP** via online, e-mail or telephone:

www.bodykineticsrehab.com

jt@BodyKineticsRehab.com

Tel: 703-639-0950



Location of Seminar

Body Kinetics Rehab

7617 Little River Turnpike,
Suite Lower Level - 110, Annandale, VA-22003
(Handicap parking available)
www.bodykineticsrehab.com

E-mail: jt@BodyKineticsRehab.com

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You Will Learn:

- How physical therapy can help women after breast cancer treatment
- What you can do to **reduce your risk** of lymphedema
- What exercises and activities are safe to do following surgery and radiation

You will also receive information and discuss:

- [Exciting new information from the Physical Activity and Lymphedema \(PAL\) study](#) on the benefits of strengthening for breast cancer survivors

Presented by: Jennifer Willey, PT, MPT, CLT-LANA

Specializing in breast cancer rehab and certified lymphedema therapist for more than 12 years

*Seating may be limited, so please RSVP, to reserve a seat.
(703) 639-0950. Look forward to meeting everyone. Thank you!*